

2016
Martin E.P. Seligman
Curriculum Vitae

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Personal Information:

Born: August 12, 1942 in Albany, New York
Married (Mandy McCarthy Seligman), seven children: Amanda, David, Lara, Nicole, Darryl, Carly, and Jenny

DEGREES

A.B., Princeton University, summa cum laude (Philosophy), 1964

Ph.D., University of Pennsylvania (Psychology), 1967

Ph.D., Honoris Causa, Uppsala University, Sweden, 1989

Doctor of Humane Letters, Honoris Causa, Massachusetts College of Professional Psychology, 1997

Ph.D., Honoris Causa, Complutense University, Madrid, 2004

Doctor of Science, Honoris Causa, University of East London, 2006

Doctor of Humane Letters, Honoris Causa, Lewis and Clark University, 2012

Doctor of Public Service, Honoris Causa, Widener University, 2015

APPOINTMENTS—recent

2013-2015 Advisor, Templeton Foundation

- 2014- Distinguished Senior Advisor, International Positive Education Network
- 2014 Convenor, Homo Prospectus, Australia, February 2014.
- 2013 Convenor, Vocation and Prospection. Canterbury Cathedral, October 2013
- 2012- Chair, Steering Committee on Prospection, Templeton Foundation
- 2011- Member, Technical Advisory Group, Measuring National Well-being Program (U.K.)
- 2010- Distinguished Senior Advisor, International Positive Psychology Association
- 2009- Zellerbach Family Professor of Psychology, University of Pennsylvania
- 2008- Chair, Steering Committee on Positive Health, Robert Wood Johnson Foundation
- 2008- Adviser, Comprehensive Soldier Fitness, U.S. Army
- 2006- Distinguished Senior Advisor, Journal of Positive Psychology
- 2004- Director, Positive Psychology Center, University of Pennsylvania
- 2006- Distinguished Senior Advisor, *Journal of Positive Psychology*
- 2001- Member, American Academy of Political and Social Science
- 2000- Director, Positive Psychology Network
- 2000- Distinguished Founding Fellow, Academy of Cognitive Therapy
- 1998- National Advisory Board, National Association for Gifted Children
- 1997- National Advisory Committee, National Interfaith Coalition for Spiritual Healthcare and Counseling
- 1997- Honorary Professor of Psychology, Department of Psychology, University of Wales, Cardiff

- 1996 - Member, National Academy of Practice in Psychology
- 1990- Society of Experimental Psychologists
- 1989-2015 Editorial Board, *Behaviour Research and Therapy*
- 1984- Chairman, Scientific Board, Foresight, Inc.
- 1976- Professor of Psychology, University of Pennsylvania

APPOINTMENTS—past

- 2012-14 Thinker-in-Residence, Adelaide, Australia (Premier’s Appointment)
- 2009-14 Chair, Steering Committee on Positive Neuroscience, Templeton Foundation
- 2008-09 Member, Defense Health Board, subcommittee on Psychological Matters
- 2006-08 Consulting Editor, *Perspectives on Psychological Science*
- 2004-05 Member, Fellows Nominating Committee, American Academy of Political and Social Science
- 2002-05 Chair, American Psychological Society William James Award Committee
- 2000-05 Member, Board of Trustees, American Psychological Foundation
- 2000-03 Scientific Director, Values-in-Action Classification of Strengths and Virtues Project, Mayerson Foundation
- 2000-02 Member, Board of Educational Affairs, American Psychological Association
- 2000-01 Treasurer, Executive Board, Council of Scientific Society Presidents
- 2000-02 Member, Board of Educational Affairs, American Psychological Association

1999-2009	Robert A. Fox Leadership Professor of Psychology, University of Pennsylvania
1999-2002	Program Director, Positive Psychology Award, John Templeton Foundation
1999-2001	Member, Executive Board, Council of Scientific Society Presidents
1999	Past-President, American Psychological Association
1999-2001	Member, Executive Board, Council of Scientific Society Presidents
1999	Secretary, Executive Board, Council of Scientific Society Presidents
1998	President, American Psychological Association
1997-2003	Founding Editor-in-Chief, <i>Prevention and Treatment</i> , [the electronic journal of the American Psychological Association]
1997	President-elect, American Psychological Association
1997-99	Member, Board of Directors, American Psychological Association
1996-2000	Board of Advisors, <i>Parents Magazine</i>
1996-99	Penn National Commission on Society, Culture, and Community
1995-98	Board of Directors, Eastern Psychological Association
1994-95	Founding President, <i>InterPsych</i> [international electronic union of psychiatrists and psychologists]
1993-95	President, Division 12 (Clinical Psychology), American Psychological Association
1984-89	Member, MacArthur Foundation Network on Determinants and Consequences of Health-Promoting and Health-Damaging Behavior
1982	Visiting Fellow, Max Planck Institute, Berlin, Germany
1980-94	Director of Clinical Training, Department of Psychology, University of Pennsylvania
1975	Visiting Fellow, Maudsley Hospital, Institute of Psychiatry, University of London

1967-70 Assistant Professor of Psychology, Cornell University

SCIENTIFIC AND SCHOLARLY AFFILIATIONS—Past

1987-95 Editorial Board, *Philosophical Psychology*

1994 Editorial Council, *Journal of Psychological Practice*

1991-93 Board of Scientific Affairs, American Psychological Association

1990-97 Editorial Board, *Applied Psychology: An International Review*,
Munich, Germany

1990-92 Chairman, Personnel Committee, Faculty of Arts and Sciences,
University of Pennsylvania

1989-91 Board of Trustees, Prescott College, Prescott, AZ

1989-90 Member, Personnel Committee, Faculty of Arts and Sciences,
University of Pennsylvania

1989-94 Member, Task Force on Graduate Education, American
Psychological Society

1988-91 Public Information Committee, American Psychological Association

1988-90 Member, Task Force on Women and Depression, American
Psychological Association

1988-90 Advisory Board, *Psychology Today*

1988-89 Member, Founding Steering Committee, American Psychological
Society

1988-89 Member, NIMH Research Scientist Development Award Study
Section

1986-87 Member, Personnel Committee, Faculty of Arts and Sciences,
University of Pennsylvania

- 1985 Editorial Board, *The Journal of Preventive Psychiatry and Allied Disciplines*
- 1984-85 Co-Chairman, Senior Advisory Board on Longitudinal Studies of Puberty, National Institute of Mental Health
- 1981-88 Social Science Research Council: Sub-Committee on Child Development in Lifespan Perspective
- 1979-88 Social Science Research Council: Committee on Lifespan Development
- 1973-98 Clinical License (Pennsylvania)
- 1964-67 National Science Foundation, Graduate Fellow
- 1964-65 Woodrow Wilson Graduate Fellow
- 1964 Phi Beta Kappa, Sigma Xi
- 1963-64 National Science Foundation, Undergraduate Research Fellowship, Princeton University
- 1960-64 Princeton University Scholarship

Member

- St. Peter's Collegian Association, honorary life member
- American Psychological Association
- Eastern Psychological Association
- American Association for the Advancement of Science
- American Psychopathological Association
- Society for Research in Psychopathology
- American Psychological Society

Fellow

- American Association for the Advancement of Science

American Psychological Association

General Division (1)

Experimental Division (3)

Comparative Division (6)

Clinical Division (12)

Aging Division (20)

Health Division (38)

Behaviour Research and Therapy Society

Society of Behavioral Medicine

American Psychological Society

Pennsylvania Psychological Association

GRANTS—current

- 2014-16 Project Director, "Master Resilience Training for Army Soldiers,"
Contract #W9124D-14-D-0027, \$2,891,682
- 2014-17 Principal Investigator, "Advancing the Science of Imagination: Toward an
Imagination Quotient," National Philanthropic Trust, \$5,647,094
- 2014-17 Principal Investigator, "The World Well-Being Project: Measuring well
being using big data, social media, and language analyses," Templeton
Religion Trust, #TRT0048, \$3,835,702
- 2013-16 Principal Investigator, "Prospective Psychology Stage 2: A Research
Competition," John Templeton Foundation, #37495, \$3,535,800
- 2011-18 Principal Investigator, "Positive Health & Comprehensive Soldier Fitness,"
Robert Wood Johnson Foundation, #68709, \$4,214,969

GRANTS—past

- 2014-15 Principal Investigator, "Universal Assessment Research Program Phase 0 – Design," Templeton Religion Trust, \$199,610
- 2012-15 Principal Investigator, "Prospective Psychology Stage 1: Imagination and Being Drawn into the Future," John Templeton Foundation, #37494, \$3,131,708
- 2009-6/14/14 Project Director, "Master Resilience Training for Army Soldiers," Contract # W91WAW-10-D-0018
 * Base Year (2010): \$7,161,291
 * Option Year 1 (2011): \$9,108,022
 * Option Year 2 (2012-2014): \$20,101,306
- 2011-14 Principal Investigator, "Love Made Visible: Exploring the Role of Prosocial Motivation in Creativity," John Templeton Foundation, #55777, \$243,606
- 2011-14 Project Co-Leader, "What Are the Real Benefits of Hardship? Examining Possibilities for Behavioral Growth Following Adversity," Templeton Foundation, #558781, \$474,954
- 2008-13 Principal Investigator, "Exploring the Concept of Positive Health," Robert Wood Johnson Foundation, #63597, \$2,771,990
- 2009-13 Principal Investigator, "A New Research Competition and Network to Accelerate Progress at the Interface of Positive Psychology and Neuroscience," Templeton Foundation, #13759, \$5,816,793
- 2005-08 Principal Investigator, "Grit Research," John Templeton Foundation, #11544
- 2005-07 Principal Investigator, "Positive Psychology Research," John Templeton Foundation, #11286
- 2002-06 Principal Investigator, "Prevention of Depression in School Children," National Institute of Mental Health, MH 52270
- 2001-06 Principal Investigator, "Prevention of Depression with a Web-Based Supplement," National Institute of Mental Health, MH63430
- 2003-04 Principal Investigator, "Learned Optimism and the Empowerment of People with Disabilities," U.S. Department of Education subcontract from George Washington University, Grant #H264A980002

- 2002-06 Principal Investigator, "Positive Psychology and the Cultivation of Character Among Youth," Fund for the Improvement of Education: Partnerships in Character Education Program, U.S. Department of Education, R215S020045
- 2002-04 Principal Investigator, "Positive Youth Development as a Means of Preventing Disorders, Violence, and Suicide," Annenberg Sunnylands Trust Foundation
- 2001-03 Principal Investigator, "Positive Psychology Young Scholars Grants Program," John Templeton Foundation, #1605
- 2000-02 Principal Investigator, "Positive Psychology Prize," John Templeton Foundation, #1119
- 1999-2004 Principal Investigator, "The Positive Psychology Network," The Atlantic Philanthropies
- 1999-2003 Principal Investigator, "The Positive Psychology Network," The Annenberg Foundation
- 1996-2001 Principal Investigator: "Prevention of Depression in School Children," National Institute of Mental Health, MH 52270
- 1991-2001 Principal Investigator: "Prevention of Depression by Change in Explanatory Style," National Institute of Mental Health, MH 19604
- 1991-2001 Merit Award, National Institute of Mental Health
- 1987-90 Principal Investigator: "Explanatory Style as a Predictor of Mortality and Morbidity," National Institute of Aging, AG0550
- 1985-92 Principal Investigator: "Helplessness and Attributional Style in Children," National Institute of Mental Health, MH 40142
- 1974-77 Principal Investigator: "Learned Helplessness, Depression and Social Behavior," National Science Foundation, SOC 74 12063
- 1971-91 Principal Investigator: "Depression and Learned Helplessness" and other titles, National Institute of Mental Health, MH 19604
- 1969-71 Principal Investigator: "Helplessness and Chronic Fear," National Institute of Mental Health, MH 16546

AWARDS

- 2014 The Tang Award for Lifetime Achievement in Psychology
- 2011 Nominated, Nobel Peace Prize, 2011
- 2010 Tanner Lecturer, University of Michigan, Tanner Human Values Lecture
- 2010 Albany Academy Distinguished Alumni Award
- 2009 Inaugural British Academy Wiley Prize in Psychology (for Lifetime Achievement)
- 2007 Master Lecturer, American Psychological Association
- 2006 Distinguished Scientific Contribution Award, American Psychological Association
- 2005 Best Book in Clinical Medicine, Association of American Publishers. Treating and preventing adolescent mental health disorders: What we know and what we don't know.
- 2005 Distinguished Scientific Achievement Award, Division 12 (Clinical), American Psychological Association
- 2004 NAGC President's Award, National Association for Gifted Children
- 2003 Best Psychology Book, Books for A Better Life. *Authentic Happiness*.
- 2003 Grace of the Moment Medal, Elka Wintergarten Foundation
- 2002 Lifetime Achievement Award, California Psychological Association
- 2001 Theodore Roosevelt Fellow, American Academy of Political and Social Science
- 2002 Presidential Citation for Lifetime Achievement, American Psychological Association
- 2000 Arthur Staats Award for Unification of Psychology
- 1998 Psi Chi Frederick Howell Lewis Distinguished Lecturer

- 1998 Kaiser-Permanente Distinguished Contribution to Public Health Award
- 1997 Best of the Bulletin Award (for best feature article), American Psychological Association, Division 42 (Independent Practice)
- 1997 Zubin Award, Society for Research in Psychopathology (for lifetime achievement)
- 1996- Member, National Academy of Practice
- 1996 Master Lecturer, American Psychological Association
- 1995 Distinguished Practitioner, National Academy of Practice in Psychology
- 1995 James McKeen Cattell Fellow Award, American Psychology Society (for applications of scientific knowledge)
- 1995 Distinguished Scientific/Professional Contribution Award, Pennsylvania Psychological Association
- 1992 Distinguished Scientist Lecturer, American Psychological Association
- 1992 Distinguished Contribution Award for Basic Research with Applied Relevance, American Association of Applied and Preventive Psychology
- 1991 William James Fellow Award, American Psychological Society (for contributions to basic science)
- 1988 G. Stanley Hall Lecturer (honoring one undergraduate teacher of abnormal psychology in the U.S.), American Psychological Association
- 1986 Distinguished Scientific Contribution Award, American Psychological Association, Division 12 (Clinical), Section 3 (Experimental)
- 1978-79 Fellow, Center for Advanced Study in Behavioral Sciences, Stanford, CA
- 1976 Distinguished Scientific Contribution Award (for early career contribution in animal learning), American Psychological Association
- 1974-75 Guggenheim Fellow
- 1964-67 National Science Foundation Graduate Fellowship, University of Pennsylvania

1964-65 Woodrow Wilson Fellowship

1964 Philosophy of Mind Prize, Princeton University

BOOKS

A. Seligman, M. E. P., & Hager, J. (Eds.). (1972). *Biological boundaries of learning*. New York: Appleton-Century-Crofts.

B. Seligman, M.E.P. (1975). *Helplessness: On depression, development, and death*. San Francisco: W. H. Freeman.

Editions:

1. *Helplessness*. (1976). Tokyo: Tuttle-Mori Agency, Inc. (Japanese).
2. *Hjalphloshet*. (1976). Stockholm: Albert Bonniers (Swedish).
3. *Hiflosigkeit*. (1976). Munich: Urban and Schwarzenburg (German).
Two editions.
4. *Desamparo*. (1977). Sao Paulo: Hucitec-Edsup (Portuguese).
5. *Helplessness*. (1977). Seoul (Korean).
6. *Helplessness*. (1978). Rome: Bulzoni Editore (Italian).
7. *Hulpeloosheid*. (1979) Netherlands: Nelissen and Bloemendaal (Dutch).
8. *Helplessness*. (1981). Tokyo: Seishin Shobo Ltd. (Japanese).
9. *Indefension*. (1981). Madrid: Editorial Debate (Spanish).

C. Maser, J., & Seligman, M.E.P. (Eds.). (1977). *Psychopathology: Experimental models*. San Francisco: W. H. Freeman.

Edition:

1. *Modelos Experimentales en Psicopatologia*. (1983) Madrid: Ikhambra Universidad (Spanish).

D. Garber, J., & Seligman, M.E.P. (Eds.). (1980). *Human helplessness: theory and applications*. New York: Academic Press.

E. Rosenhan, D.L., & Seligman, M.E.P. (1984). *Abnormal psychology*. New York: W. W. Norton.

F. Rosenhan, D.L., & Seligman, M.E.P. (1989). *Abnormal psychology*. (2d ed.). New York: W. W. Norton.

Edition:

1. *Psychopatologia*. (1994). Warsaw: Polskie Towarzystwo Psychologiczne, (Polish).

G. Seligman, M.E.P. (1990). *Learned optimism*. New York: Knopf.

Editions:

1. (1990). *El Optimismo Se Adquiere*. Buenos Aires: Editorial Atlantida, (Spanish, Argentina).
2. (1991). *Pessimismus Kusst Man Nicht*. Munich: Droemer, (German).
3. (1991). Tokyo: *Kodansha*, (Japanese). Paperback: *Kodansha* (1995).
4. (1991). *Optimisme Kun Je Leren*. Utrecht: Het Spectrum (Dutch).
5. (1992). *Apreda a Ser Otimista*. Rio de Janeiro: Distribuidora Record de Servicos de Imprensa, S.A., (Portuguese, Brazil).
6. (1992). Australian Edition. Sydney: Random-Century.
7. (1992). *Optimistin Kasikrja*. Finland: Otava (Finnish).
8. (1993). Warsaw: Media Rodzina, (Polish).
9. (1994). *Apprendre L'Optimisme*. Paris: InterEditions (French).
10. (1995). Montreal: Editions Sogides (French).
11. (1996). *Imparare L'Ottimismo*. Florence: Giunti Gruppo Editoriale (Italian).
12. (1996). Taipei, Taiwan: Yuan-Liou Press (Chinese, complex).
13. (1996). Seoul, Korea: Origin (Korean).
14. (1997). Moscow, Russia: Perseus Publishers (Russian)

15. (1998). Barcelona, Spain: Ediciones Grijalbo (Spanish).
16. (1998). Taipei, Taiwan: Xinhua (Chinese, simple).
17. (2000). Warsaw: Media Rodzina (Polish).
18. (2001). Seoul, Korea: Origin (Korean).
19. (2001). Bulgaria: Kibea (2001).
20. (2002). Oslo, Norway: Forlaget WEM (Norwegian).
21. (2002). Riyadh, Saudi Arabia: Jarir (Arabic).
22. (2003). Bucharest, Romania: Humanitas (Romanian).
23. (2005). Croatia: I.E.P. (Croatian).
24. (2005). Turkey: Hekimler Yayin Birligi (Turkish).
25. (2007). Budapest: Laurus (Hungarian).
26. (2007). Thailand: WeLearn (Thai).
27. (2007). Taiwan: Yuan-Liou Publishing Co., Ltd. (Chinese, complex).
28. (2007). Korea: Book 21 (Korean).
29. (2007). Beijing: China Renmin University Press (Chinese, simplified).
30. (2008). Paris: Dunod Editeurz (French).
31. (2008). Indonesia: Salamadani (Indonesian).
32. (2008). Ljubljana: Mladinska Knjiziga Zalozba (Slovene).
33. (2008). Hungary: Lexecon (Hungarian).
34. (2010). Warsaw: Harbor Point Sp. z o.o. (Polish)
35. (2011). Milano, Italy: Sperling & Kupfer Editori (Italian).
36. (2012). Tianjin Eco-City, P.R. China: Cheers Publishing (Chinese).

37. (2012). Barcelona, Spain: Random House Mandadori S.A. (Spanish).
38. (2012). Moscow: Alpina Non-Fiction (Russian).
39. (2012). Tokyo: Pan Rolling Inc. (Japanese).
40. (2012). Prague: Pavel Dobrovsky – Beta s.r.o. (Czech).
41. (2015). Riyadh, Saudi Arabia Jarir Bookstore (Arabic).
42. (2015). Italy: Giunti Publishing Group (Italian).
43. (2015). Warsaw: Medina Rodzina (Polish).
44. (2015). Taiwan: Yuan-Liou Publishing Co. (Chinese, complex).
45. (2015). Turkey: Bigbang Yayinlari (Turkish).

Other Editions:

Book of the Month Club (1991).

Rodale Press Book Club (1991).

Psychotherapy and Social Science Book Club (1991).

Quality Paperback Book Club (1991).

Paperback Edition: Pocket Books (Simon & Schuster) (1991).

Audio Edition: Simon & Schuster (1991).

H. Seligman, M.E.P. (1991). *Helplessness: On depression, development, and death*. (2d ed.). New York: W. H. Freeman.

I. Peterson, C., Maier, S., & Seligman, M.E.P. (1993). *Learned helplessness: A theory for the age of personal control*. New York: Oxford.

Edition:

1. (2000). Osaka: Nihei-sha, (Japanese).

J. Buchanan, G., & Seligman, M.E.P. (Eds.). (1995). *Explanatory style*. Hillsdale, N.J.: Erlbaum.

K. Seligman, M.E.P. (1994). *What you can change and what you can't*. New York: Knopf.

Editions

1. Australian Edition. (1994). Sydney: Random-Century
2. (1994). Warsaw: Media Rodzina (Polish).
3. (1994). *Psychologie heute* (German).
4. (1995). *No puedo ser mas alto pero puedo ser mejor*. Barcelona: Grijalbo Mondadori S.A. (Spanish).
5. (1995). *O que voce pode e o que nao pode modar*. Rio de Janeiro: Editora Objetiva (Portuguese).
6. (1995). *Changer oui c'est possible*. Paris: Editions Sogides (French).
7. (1997). Moscow: Persei (Russian).
8. (1999). Taiwan: Yuan-Liou Publishing Co. (Chinese).
9. (2003). Taiwan: Yuan-Liou Publishing Co. (Chinese, complex).
10. (2004). Warsaw: Media Rodzina (Polish).
11. (2005). Riyadh, Saudi Arabia: Jarir (Arabic).
12. (2005). Turkey: Hekimler Yayin Birliigi (Turkish).
13. (2007). Beijing: China Renmin University Press (Chinese, simplified).
14. (2007). Portugal: Pergaminho (Portuguese).
15. (2008). Seoul: Mulpure Publishing Co. (Korean).
16. (2008). SC Humanitis SA. (Romanian).
17. (2008). Mladinska Kngiga Zalozba (Slovene).

18. (2010). Warsaw: Harbor Point, Sp. z o.o. (Polish).
19. (2011). Beijing: Cheers Publishing (Chinese, simplified).
20. (2011). Budapest: Akademiai Kiado, Hungary (Hungarian).
21. (2012). Quebec: Messageries ADP (French).
22. (2012). Paris: Interforum editis (French).
23. (2012). Fribourg: Interforum editis Suisse (French).
24. (2012). Belgium: Interforum Benelux S.A. (French).
25. (2012). Luxembourg: InterForum Benelux S.A. (French).
26. (2014). France: J'ai Lu (French).
27. (2014). Beijing: Cheers Publishing (Chinese, simplified).
28. (2014). Taiwan: Yuan-Liou (Chinese, complex).
29. (2015). Warsaw: Medina Rodzina (Polish).

Other Editions:

Book of the Month Club (1994)

Audio Edition: Simon and Schuster (1994)

Paperback edition, Ballantine (1995)

L. Rosenhan, D.L., & Seligman, M.E.P. (1995). *Abnormal psychology*. (3d ed.). New York: W. W. Norton.

M. Seligman, M.E.P., Reivich, K., Jaycox, L., & Gillham, J. (1995). *The optimistic child*. New York: Houghton Mifflin.

Editions:

1. Australian edition. (1995). Sydney: Random House.

2. (1997). Hamburg: Rowohlt (German).
3. (1997). Warsaw: Media Rodzina (Polish).
4. (1998). *Det optimistiska barnet*. Jonkoping: Brain Books (Swedish).
5. (1998). Am oved (Hebrew).
6. (1998). Taipai, Taiwan: Yuan-Liou Press (Chinese, complex).
7. (1999). Ninos Optimistas. Barcelona: Grijalbo, (Spanish).
8. (2004). Origin (Korean).
9. (2004). Random House Mondadori (Spanish).
10. (2004). Shanghai Literature & Arts (Chinese, simple).
11. (2004). Taiwan: Yuan-Liou Publishing Co. (Chinese, complex).
12. (2004). Diamond (Japanese).
13. (2005). Jarir Bookstore (Arabic).
14. (2005). Sperling & Kupfer (Italian).
15. (2005). Croatia: I.E.P. (Croatian).
16. (2007). Beijing: China Renmin University (Chinese, simplified).
17. (2008). Taiwan: Yuan-Liou Publishing Co., Ltd. (Chinese, complex).
18. (2008). Budapest: Profil Training Kft. (Hungarian).
19. (2009). Warsaw: Graal Ltd. (Polish).
20. (2010). Ljubljana: Modrijan (Slovene).
21. (2011). Seoul: Mulpure (Korean).
22. (2012). Quebec, Canada: Sogides Ltee (French).
23. (2013). Tianjin, P.R. China: Cheers Publishing Company (Chinese, simplified)

24. (2014). Taiwan: Yuan-Liou Publishing Company (Chinese, complex)
25. (2014). Moscow: Mann, Ivanov and Ferber (Russian).
26. (2014). Paris: Marabout (France).

Other Editions:

Book of the Month Club, 1995

Paperback edition, Harper Collins, 1996

Audio Edition: Harper Collins, 1996

N. Seligman, M.E.P. (1998). *Learned optimism*. (2d ed.). New York: Pocket Books (Simon and Schuster).

O. Seligman, M.E.P., & Rosenhan, D.L. (1998). *Abnormality*. New York: W.W. Norton.

P. Gillham, J.E. (Ed). (2000). *The science of optimism and hope: research essays in honor of Martin E. P. Seligman*. Radnor, PA: Templeton Foundation Press.

Q. Seligman, M.E.P., Walker, E., & Rosenhan, D.L. (2001). *Abnormal psychology*. (4th ed.) New York: W.W. Norton.

R. Chirof, D., & Seligman, M.E.P. (Eds.) (2001). *Ethnopolitical warfare: Causes, consequences, and possible solutions*. Washington, D.C.: APA Press.

S. Seligman, M.E.P. (2002). *Authentic Happiness: Using the new positive psychology to realize your potential for lasting fulfillment*. New York: Free Press.

Editions:

1. (2002). NSW, Australia: Random House Australia.
2. (2002). Utrecht, The Netherlands: Uitgeverij Het Spectrum BV (Dutch).
3. (2003). Munich, Germany: Ehrenwirth/Luebbe (German).
4. (2003). Israel: Modan Publishers (Hebrew).

5. (2003). Taiwan: Yuan-Liou (Chinese, Complex).
6. (2003). Rio de Janeiro, Brazil: Editora Objetiva (Portuguese).
7. (2003). Milan, Italy: Sperling & Kupfer (Italian).
8. (2003). Madrid, Spain: Ediciones B (Spanish).
9. (2003). Euromedia, (Czech).
10. (2003). CITIC, (Chinese simple).
11. (2003). UK: Nicholas Brealey Publishing (English).
12. (2003). Aspect (Japanese).
13. (2003). Seoul: Malpure (Korean).
14. (2003). Aschehoug (Danish).
15. (2003). Warsaw: Media Rodzina (Polish).
16. (2003). Ediciones d'Ada (French).
17. (2003). Livanis (Greek).
18. (2004). Khabarovsk (Russian).
19. (2005). Turkey: Hekimler Yayin Birliigi (Turkish).
20. (2005). Indonesia: Mizan Publishing (Indonesian).
21. (2006). Russia: Sophia (Russian).
22. (2006). Riyadh: Jarir Bookstore (Arabic).
23. (2007). Budapest: Profil Training Kft. (Hungarian).
24. (2007). Norway: Kaleidoskopet (Norwegian).
25. (2007). Taiwan: Yuan-Liou Publishing Co., Ltd. (Chinese, complex).
26. (2007). Beijing: China Renmin University Press (Chinese, simplified).

27. (2007). Thailand: WeLearn (Thai).
28. (2007). Sweden: Optimal/Pagina Forlags AB (Swedish).
29. (2007). Romania: SC Humanitas (2007).
30. (2008). Helsinki: Art House Group (Finnish).
31. (2008). Estonia: Pilgrim Group (Estonian).
32. (2008). Portugal: Pergaminho (Portuguese).
33. (2010). Russia: Mann, Ivanov and Ferber (Russian).
34. (2010). Serbia: Zavod Za Udzebnike (Serbian).
35. (2010). Beijing: Cheers Publishing (Chinese, simplified).
36. (2010). Mulpure Publishing (Korean).
37. (2011). Rio de Janiero, Brazil: Editora Objetiva (Portuguese).
38. (2011). Lithuania: UAB Baltic (Lithuanian).
39. (2011). Barcelona: Ediciones B (Spanish).
40. (2011). Paris: InterEditions (French).
41. (2011). Copenhagen: Forlaget MindSpace (Danish).
42. (2012). Tianjin Eco-City, P.R. China: Cheers Publishing (Chinese).
43. (2014). Aspect (Japanese)
44. (2014). Taiwan: Yuan-Liou Publishing Co. (Chinese, complex)
45. (2015). Turkey: Bigbang Yayinlari (Turkish).
46. (2015). Euromedia (Czech).

Other Editions:

Audio Edition: Simon & Schuster Audio, 2003

T. Peterson, Christopher & Seligman, M.E.P. (2004). *Character strengths and virtues: A handbook and classification*. Washington, D.C.: APA Press and Oxford University Press.

Editions:

1. (2016). Seoul: Korea Counseling Centre (Korean).

U. Evans, D. L., Foa, E., Gur, R., Hendrin, H., O'Brien, C., Seligman, M.E.P. & Walsh, B.T. (Eds.). (2006). *Treating and preventing adolescent mental health disorders: What we know and what we don't know*. New York: Oxford University Press, The Annenberg Foundation Trust at Sunnylands, and The Annenberg Public Policy Center of the University of Pennsylvania.

V. Seligman, M.E.P. (2007) *What you can change and what you can't*. (2d ed.) New York: Vintage.

W. Seligman, M.E.P., Reivich, K., Jaycox, L., & Gillham, J. (2007). *The optimistic child*. (2d ed.) New York: Mariner Books.

X. Seligman, M.E.P. (2011). *Flourish: a visionary new understanding of happiness and well-being*. New York: Free Press.

Editions:

1. (2011). Beijing: Cheers Publishing (Chinese, simplified).

2. (2011). Denmark: Mindspace (Danish).

3. (2011). Warsaw: Harbor Point (Polish).

4. (2011). Seoul: Mulpure (Korean).

5. (2011). Rio de Janeiro, Brazil: Editora Objetiva (Portuguese).

6. (2011). London: Nicholas Brealey.

7. (2011). ANZ: Random House Australia.

8. (2011). Paris: Belfond. (French).

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