**Akumal 2 Schedule**

Following is the agenda for Akumal 2, as of January 4, 2000.

Sunday January 9th—Opening Banquet

7:30 pm

Monday January 10th

9 -10:15 am

Round of Introductions (one minute each)

Opening Remarks and Discussion

Martin Seligman “The Millennial Issue of the New York Times”

Discussion

10:30 am - 1:30 pm

Subjective Well Being (3 x 15 minutes plus 40 minute discussion)

Dacher Keltner on Teasing and Laughter

Dan Gilbert on Mispredicting Happiness

Sonja Lyubomirsky on Is Happiness Learnable?

4:30pm - Sunset

Alice Isen: 50 minute talk plus discussion

Tuesday January 11

Dawn—Mary Pipher: Families, Shelter, and Stories

9 am – 12:30pm: Culture and Institutions

Darrin Lehman—Culture and Stressful Events

Steve Heine—Cultural Variations on the Positive

Barry Schwartz—Freedom of Choice

Afternoon Free

8 pm – 11 pm: Poetry, Music, & Humor. Everyone Bring Something

Wednesday, January 12th

9 am – 12:30 pm (Four Parallel Sessions on Human Strengths)

David Lubinski-Genius

Ken Sheldon-Integrity

Amy Wrzesniewska—Finding Deeper Meaning In Work

Shane Lopez--Courage

Afternoon free

8pm - 10 pm

Corey Keyes—Languishing and Thriving

Shane Lopez—Discussant

Open discussion—Positive Interventions

Thursday, January 13th

9am - 12:30 pm: Love, Awe and Altruism

Sandra Murray—Love and Illusion

David Myers—Agape Love

Jon Haidt—Awe and Elevation

4:30 - Sunset

Mike Csikszentmihalyi—What is the Good Life?

7:30 pm: Closing Banquet

Friday, January 14th

9am-noon: The Future of Positive Psychology—Quaker Meeting

Noon—Goodbye