**Akumal4 Schedule and Attendees**

**January 5 to January 8, 2002  
Akumal, Mexico**

All meetings will be held in Casa Zorros. All breakfasts and lunches will be catered from Sunday through Tuesday and will also be held in Casa Zorros. Breakfast will be from 8:00am to 9:00am. Lunch will be served at 12:30pm. Breakfasts and lunches are for attendees only. Important announcements will be posted on the front door of Casa Zorros.

**Attendees:**  
 [n.baylis@virgin.net](mailto:n.baylis@virgin.net) Nick Baylis  
Pamela Becerra (translator) [rernst@lps.org](mailto:rernst@lps.org) Randy Ernst [fineburg@hotmail.com](mailto:fineburg@hotmail.com) Amy Fineburg [dfreres@psych.upenn.edu](mailto:dfreres@psych.upenn.edu) Derek Freres [peter.frost@commerce.ubc.ca](mailto:peter.frost@commerce.ubc.ca) Peter Frost [jdgreene@princeton.edu](mailto:jdgreene@princeton.edu) Joshua Greene [haidt@virginia.edu](mailto:haidt@virginia.edu) Jon Haidt [jhovey@foxrealtyco.com](mailto:jhovey@foxrealtyco.com) Jim Hovey [lachsj@ctrvax.vanderbilt.edu](mailto:lachsj@ctrvax.vanderbilt.edu) John Lachs [mlevine@psych1.psy.sunysb.edu](mailto:mlevine@psych1.psy.sunysb.edu) Marvin Levine [jpawelski@aol.com](mailto:jpawelski@aol.com) James Pawelski [pennebaker@psy.utexas.edu](mailto:pennebaker@psy.utexas.edu) James Pennebaker [wruch@rz.uni-duesseldorf.de](mailto:wruch@rz.uni-duesseldorf.de) Willibald Ruch [schkade@mail.utexas.edu](mailto:schkade@mail.utexas.edu) David Schkade [schooler@pitt.edu](mailto:schooler@pitt.edu) Jonathan Schooler [schulman@psych.upenn.edu](mailto:schulman@psych.upenn.edu) Peter Schulman [seligman@psych.upenn.edu](mailto:seligman@psych.upenn.edu) Martin Seligman [astanton@ukans.edu](mailto:astanton@ukans.edu) Annette Stanton  
[scsege0@pop.uky.edu](mailto:scsege0@pop.uky.edu) Suzanne Segerstrom [mworline@umich.edu](mailto:mworline@umich.edu) Monica Worline [awrzesni@stern.nyu.edu](mailto:awrzesni@stern.nyu.edu) Amy Wrzesniewski

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| **Saturday, January 5** |  |
| 6:00pm-10:00pm | Cocktails, Dinner, and Introductions (For attendees only) Will be held at Que Onda restaurant, a short walk from Casa Zorros. |
| **Sunday, January 6** |  |
| 9:00-10am | Jamie Pennebaker: Opening Up |
| 10:00-10:30am | General Discussion |
| 10:45-11:30am | Interdisciplinary Pod (Pawelski and Lachs) |
| 11:30-12:15pm | Awe Pod (Haidt) |
| Afternoon | Pods work time |
| 5:00-6:00pm | Marvin Levine: Buddhism and Positive Psychology |
| 6:00-6:30pm | General Discussion |
| **Monday, January 7** |  |
| 9:00-10am | Positive Organization Pod (Wrzesniewski, Worline, Frost) |
| 10:00-11:00am | Pursuit of Happiness Pod (Schkade) |
| 11:15-12:15pm | Pleasure and Gratification (Seligman) |
| Afternoon | Pods work time |
| 5:00-5:45pm | Immunology and Health Pod (Stanton, Segerstrom) |
| 5:45-6:30pm | Joshua Greene: The Moral Brain |
| 6:30-7:00pm | General Discussion |
| **Tuesday, January 8** |  |
| 9:00-10:00am | Willibald Ruch: Humor |
| 10:00-10:30am | General Discussion |
| 10:45-11:30am | Teaching Task Force (Ernst, Fineburg, Baylis) |
| 11:30-12:15pm | Predicted and Experienced Affect Pod (Schooler) |
| Afternoon | Pods Work Time |
| 5:00-7:00pm | Future directions |
| 7:00pm | Closing Banquet (Families are invited) |
| **Wednesday, January 9** | Departure |