Martin E.P. Seligman Curriculum Vitae
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University of Pennsylvania
3720 Walnut St., Solomon Labs
Philadelphia, PA 19104

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Website: https://www.authentichappiness.sas.upenn.edu/

Personal Information:
Born: August 12, 1942 in Albany, New York
Married (Mandy McCarthy Seligman), seven children: Amanda, David, Lara, Nicole, Darryl, Carly, and Jenny

DEGREES

A.B., Princeton University, summa cum laude (Philosophy), 1964

Ph.D., University of Pennsylvania (Psychology), 1967

DEGREES

Ph.D., Honoris Causa, Uppsala University, Sweden, 1989

Doctor of Humane Letters, Honoris Causa, Massachusetts College of Professional Psychology, 1997

Ph.D., Honoris Causa, Complutense University, Madrid, 2004

Doctor of Science, Honoris Causa, University of East London, 2006

Doctor of Humane Letters, Honoris Causa, Lewis and Clark University, 2012

Doctor of Public Service, Honoris Causa, Widener University, 2015

Doctor of Science, Honoris Causa, University of Buckingham, 2018

Doctorate, Honoris Causa, Royal College of Surgeons, Ireland, May 2020

Doctorate, Honoris Causa, Universidad Siglo 21, Argentina, 2021

Doctorate, Honoris Causa, University of Fernando Pessoa, Portugal, 2025

APPOINTMENTS—recent

2025	Honorary Member of the International Advisory Board, Journal of Transdisciplinary Language Ecology and Educational Praxis (JTLEEP), JTLEEP Faculty of Languages and Literature Universitas Negeri Makassar, Indonesia
2025	Honorary Distinguished Chair in Positive Psychology, Woxsen University, India
2024	Honorary President, Alliance of Wellbeing Education and Sciences, Tsinghua University, China
2024	Honorary Editor-in-Chief, Wellbeing Sciences Review, Tsinghua University, China
2022-	Annenberg Public Policy Center's Distinguished Research Fellows
2020-	Editorial Board, Venustas (Architecture Journal)
2018-	Board of Scientific Affairs, BetterUp Laboratory
2017-2019	Chair, Education Committee, Global Happiness Council, United Nations
2016-	Patron, Positive Education Society of Australia
2016	Founding Chair, International Positive Education Network
2016-	Honorary Director, Tsinghua Happiness Technology Lab (Beijing)
2015-2019	Director, The Imagination Institute, National Philanthropic Trust
2014-	Distinguished Senior Advisor, International Positive Education Network
2012-2015	Chair, Steering Committee on Prospection, Templeton Foundation

2011-	Member, Technical Advisory Group, Measuring National Well-being Program (U.K.)
2010-	Distinguished Senior Advisor, International Positive Psychology Association
2009-	Zellerbach Family Professor of Psychology, University of Pennsylvania
2008-2019	Chair, Steering Committee on Positive Health, Robert Wood Johnson Foundation
2008-2014	Advisor, Comprehensive Soldier Fitness, U.S. Army
2004-	Director, Positive Psychology Center, University of Pennsylvania
2006-	Distinguished Senior Advisor, *Journal of Positive Psychology*
2001-	Theodore Roosevelt Fellow, American Academy of Political and Social Science
2000-	Director, Positive Psychology Network
2000-	Distinguished Founding Fellow, Academy of Cognitive Therapy
1998-	National Advisory Board, National Association for Gifted Children
1997-	National Advisory Committee, National Interfaith Coalition for Spiritual Healthcare and Counseling
1997-	Honorary Professor of Psychology, Department of Psychology, University of Wales, Cardiff
1996 -	Member, National Academy of Practice in Psychology
1990-	Society of Experimental Psychologists
1984-	Chairman, Scientific Board, Foresight, Inc.
1976-	Professor of Psychology, University of Pennsylvania

APPOINTMENTS—past

2013-2015	Advisor, Templeton Foundation

1989-2015	Editorial Board, *Behaviour Research and Therapy*
2012-14	Thinker-in-Residence, Adelaide, Australia (Premier's Appointment)
2009-14	Chair, Steering Committee on Positive Neuroscience, Templeton Foundation
2014	Convener, Homo Prospectus, Australia, February 2014.
2013	Convener, Vocation and Prospection. Canterbury Cathedral, October 2013
2008-09	Member, Defense Health Board, subcommittee on Psychological Matters
2006-08	Consulting Editor, *Perspectives on Psychological Science*
2004-05	Member, Fellows Nominating Committee, American Academy of Political and Social Science
2002-05	Chair, American Psychological Society William James Award Committee
2000-05	Member, Board of Trustees, American Psychological Foundation
2000-03	Scientific Director, Values-in-Action Classification of Strengths and Virtues Project, Mayerson Foundation
2000-02	Member, Board of Educational Affairs, American Psychological Association
2000-01	Treasurer, Executive Board, Council of Scientific Society Presidents
2000-02	Member, Board of Educational Affairs, American Psychological Association
1999-2009	Robert A. Fox Leadership Professor of Psychology, University of Pennsylvania
1999-2002	Program Director, Positive Psychology Award, John Templeton Foundation
1999-2001	Member, Executive Board, Council of Scientific Society Presidents

1999	Past-President, American Psychological Association
1999-2001	Member, Executive Board, Council of Scientific Society Presidents
1999	Secretary, Executive Board, Council of Scientific Society Presidents
1998	President, American Psychological Association
1997-2003	Founding Editor-in-Chief, *Prevention and Treatment*, [the electronic journal of the American Psychological Association]
1997	President-elect, American Psychological Association
1997-99	Member, Board of Directors, American Psychological Association
1996-2000	Board of Advisors, *Parents* Magazine
1996-99	Penn National Commission on Society, Culture, and Community
1995-98	Board of Directors, Eastern Psychological Association
1994-95	Founding President, *InterPsych* [international electronic union of psychiatrists and psychologists]
1993-95	President, Division 12 (Clinical Psychology), American Psychological Association
1984-89	Member, MacArthur Foundation Network on Determinants and Consequences of Health-Promoting and Health-Damaging Behavior
1982	Visiting Fellow, Max Planck Institute, Berlin, Germany
1980-94	Director of Clinical Training, Department of Psychology, University of Pennsylvania
1975	Visiting Fellow, Maudsley Hospital, Institute of Psychiatry, University of London
1967-70	Assistant Professor of Psychology, Cornell University

SCIENTIFIC AND SCHOLARLY AFFILIATIONS—Past

1987-95	Editorial Board, Philosophical Psychology

1994	Editorial Council, Journal of Psychological Practice
1991-93	Board of Scientific Affairs, American Psychological Association
1990-97	Editorial Board, *Applied Psychology: An International Review*, Munich, Germany
1990-92	Chairman, Personnel Committee, Faculty of Arts and Sciences, University of Pennsylvania
1989-91	Board of Trustees, Prescott College, Prescott, AZ
1989-90	Member, Personnel Committee, Faculty of Arts and Sciences, University of Pennsylvania
1989-94	Member, Task Force on Graduate Education, American Psychological Society
1988-91	Public Information Committee, American Psychological Association
1988-90	Member, Task Force on Women and Depression, American Psychological Association
1988-90	Advisory Board, *Psychology Today*
1988-89	Member, Founding Steering Committee, American Psychological Society
1988-89	Member, NIMH Research Scientist Development Award Study Section
1986-87	Member, Personnel Committee, Faculty of Arts and Sciences, University of Pennsylvania
1985	Editorial Board, *The Journal of Preventive Psychiatry and Allied Disciplines*
1984-85	Co-Chairman, Senior Advisory Board on Longitudinal Studies of Puberty, National Institute of Mental Health
1981-88	Social Science Research Council: Sub-Committee on Child Development in Lifespan Perspective

1979-88	Social Science Research Council: Committee on Lifespan Development
1973-98	Clinical License (Pennsylvania)
1964-67	National Science Foundation, Graduate Fellow
1964-65	Woodrow Wilson Graduate Fellow
1964	Phi Beta Kappa, Sigma Xi
1963-64	National Science Foundation, Undergraduate Research Fellowship, Princeton University
1960-64	Princeton University Scholarship

Member

St. Peter's Collegian Association, honorary life member

American Psychological Association

Eastern Psychological Association

American Association for the Advancement of Science

American Psychopathological Association

Society for Research in Psychopathology

American Psychological Society

Fellow

American Association for the Advancement of Science

American Psychological Association

General Division (1)

Experimental Division (3)

Comparative Division (6)

Clinical Division (12)

Aging Division (20)

Health Division (38)

Behaviour Research and Therapy Society

Society of Behavioral Medicine

American Psychological Society

Pennsylvania Psychological Association

International Positive Psychology Association

GRANTS—recent

2023-24 Principal Investigator, Penn Resilience Program for Law Enforcement Personnel, International Association of the Chiefs of Police (under an award from the U.S. Department of Justice), $257,055.

2021-24 Principal Investigator, Primals Project: Seeding Catalytic Investigations in Psychology, Templeton Religion Trust, $1,999,621.

2018-23 Principal Investigator, Penn Resilience Program for Law Enforcement Personnel, International Association of the Chiefs of Police (under an award from the U.S. Department of Justice), $3,040,000.

GRANTS—past

2020-21 Principal Investigator, Penn Resilience Program for City of Philadelphia First Responders, $80,000.

2014-19 Principal Investigator, "The World Well-Being Project: Measuring well being using big data, social media, and language analyses," Templeton Religion Trust, #TRT0048, $3,835,702.

2011-19 Principal Investigator, "Positive Health & Comprehensive Soldier Fitness," Robert Wood Johnson Foundation, #68709, $4,214,969.

2018 Principal Investigator, "Penn Well-Being Program for the World Bank," World Bank, $26,000.

2014-17 Principal Investigator, "Advancing the Science of Imagination: Toward an Imagination Quotient," National Philanthropic Trust, $5,647,094.

2017 Principal Investigator, "The Penn Resilience Program for Yale School of Medicine Physicians," Yale University, $53,829

2013-16 Principal Investigator, "Prospective Psychology Stage 2: A Research Competition," John Templeton Foundation, #37495, $3,596,214

2014-16 Project Director, "Master Resilience Training for Army Soldiers," Contract #W9124D-14-D-0027, $3,084,525

2015-16 Project Director, "Penn Resilience Program for University of Texas System," $627,613

2015-16 Principal Investigator, "Measuring the Well-being of the Spanish Population," BioIberica, $170,000

2014-15 Principal Investigator, "Universal Assessment Research Program Phase 0 – Design," Templeton Religion Trust, $199,610

2012-15 Principal Investigator, "Prospective Psychology Stage 1: Imagination and Being Drawn into the Future," John Templeton Foundation, #37494, $3,131,708

2009-14 Project Director, "Master Resilience Training for Army Soldiers," U.S. Army, Contract # W91WAW-10-D-0018
* Base Year (2010): $7,161,291
* Option Year 1 (2011): $9,108,022
* Option Year 2 (2012-2014): $20,068,315

2009 Project Director, "Resilience Curriculum Development for U.S. Army Soldiers," U.S. Army, $1,509,955

2011-14 Principal Investigator, "Love Made Visible: Exploring the Role of Prosocial Motivation in Creativity," John Templeton Foundation, #55777, $243,606

2011-14 Project Co-Leader, "What Are the Real Benefits of Hardship? Examining Possibilities for Behavioral Growth Following Adversity," Templeton Foundation, #558781, $474,954

2008-13 Principal Investigator, "Exploring the Concept of Positive Health," Robert Wood Johnson Foundation, #63597, $2,771,990

2009-13 Principal Investigator, "A New Research Competition and Network to Accelerate Progress at the Interface of Positive Psychology and Neuroscience," Templeton Foundation, #13759, $5,816,793

2005-08 Principal Investigator, "Grit Research," John Templeton Foundation, #11544

2005-07 Principal Investigator, "Positive Psychology Research," John Templeton Foundation, #11286

2002-06 Principal Investigator, "Prevention of Depression in School Children," National Institute of Mental Health, MH 52270

2001-06 Principal Investigator, "Prevention of Depression with a Web-Based Supplement," National Institute of Mental Health, MH63430

2003-04 Principal Investigator, "Learned Optimism and the Empowerment of People with Disabilities," U.S. Department of Education subcontract from George Washington University, Grant #H264A980002

2002-06 Principal Investigator, "Positive Psychology and the Cultivation of Character Among Youth," Fund for the Improvement of Education: Partnerships in Character Education Program, U.S. Department of Education, R215S020045

2002-04 Principal Investigator, "Positive Youth Development as a Means of Preventing Disorders, Violence, and Suicide," Annenberg Sunnylands Trust Foundation

2001-03 Principal Investigator, "Positive Psychology Young Scholars Grants Program," John Templeton Foundation, #1605

2000-02 Principal Investigator, "Positive Psychology Prize," John Templeton Foundation, #1119

1999-2004 Principal Investigator, "The Positive Psychology Network," The Atlantic Philanthropies

1999-2003 Principal Investigator, "The Positive Psychology Network," The Annenberg Foundation

1996-2001 Principal Investigator: "Prevention of Depression in School Children," National Institute of Mental Health, MH 52270

1991-2001 Principal Investigator: "Prevention of Depression by Change in Explanatory Style," National Institute of Mental Health, MH 19604

1991-2001 Merit Award, National Institute of Mental Health

1987-90 Principal Investigator: "Explanatory Style as a Predictor of Mortality and Morbidity," National Institute of Aging, AG0550

1985-92 Principal Investigator: "Helplessness and Attributional Style in Children", National Institute of Mental Health, MH 40142

1974-77 Principal Investigator: "Learned Helplessness, Depression and Social Behavior," National Science Foundation, SOC 74 12063

1971-91 Principal Investigator: "Depression and Learned Helplessness" and other titles, National Institute of Mental Health, MH 19604

1969-71 Principal Investigator: "Helplessness and Chronic Fear," National Institute of Mental Health, MH 16546

AWARDS

2026 Named Single Most Influential Psychologist in the World for 2025 and 2010-2020 by Academic Influence
https://academicinfluence.com/rankings/people/most-influential-psychologists-today

https://academicinfluence.com/rankings/people/most-influential-psychologists-today#seligman

2025 John C. Flanagan Lifetime Achievement Award from the Society for Military Psychology (APA Division 19), recognizing achievements in military psychology in the areas of research and service

2024 Vision of Excellence Award from the Institute of Coaching, McLean Hospital, for contributions vital to coaching science and excellence.

2024 Joseph Priestley Award from Dickinson College for outstanding achievement and contribution to our understanding of science and the world.

2023 University of Pennsylvania, Award for Distinguished Teaching in Professional Graduate Programs

2019 Frankfurt Institute, Lifetime Achievement Award

2018 Positive Education Society of Australia, Lifetime Achievement Award

2017	American Psychological Association, Lifetime Contributions to Psychology Award
2016	Novus, United Nations Award for Quality Education
2015	Changing Minds Award, Blue Gene Gala
2014	The Tang Award for Lifetime Achievement in Psychology
2011	Nominated, Nobel Peace Prize
2010	Life Achievement Award, Beijing Normal University, School of Psychology. Ministry of Education, People's Republic of China
2010	Tanner Lecturer, University of Michigan, Tanner Human Values Lecture
2010	Albany Academy Distinguished Alumni Award
2009	Inaugural British Academy Wiley Prize in Psychology (for Lifetime Achievement)
2007	Master Lecturer, American Psychological Association
2006	Distinguished Scientific Contribution Award, American Psychological Association
2005	Best Book in Clinical Medicine, Association of American Publishers. Treating and preventing adolescent mental health disorders: What we know and what we don't know.
2005	Distinguished Scientific Achievement Award, Division 12 (Clinical), American Psychological Association
2004	NAGC President's Award, National Association for Gifted Children
2003	Best Psychology Book, Books for A Better Life. *Authentic Happiness*.
2003	Grace of the Moment Medal, Elka Wintergarten Foundation
2002	Lifetime Achievement Award, California Psychological Association
2001	Theodore Roosevelt Fellow, American Academy of Political and Social Science

2002 Presidential Citation for Lifetime Achievement, American Psychological Association

2000 Arthur Staats Award for Unification of Psychology

1998 Psi Chi Frederick Howell Lewis Distinguished Lecturer

1998 Kaiser-Permanente Distinguished Contribution to Public Health Award

1997 Best of the Bulletin Award (for best feature article), American Psychological Association, Division 42 (Independent Practice)

1997 Zubin Award, Society for Research in Psychopathology (for lifetime achievement)

1996- Member, National Academy of Practice

1996 Master Lecturer, American Psychological Association

1995 Distinguished Practitioner, National Academy of Practice in Psychology

1995 James McKeen Cattell Fellow Award, American Psychological Society (for applications of scientific knowledge)

1995 Distinguished Scientific/Professional Contribution Award, Pennsylvania Psychological Association

1992 Distinguished Scientist Lecturer, American Psychological Association

1992 Distinguished Contribution Award for Basic Research with Applied Relevance, American Association of Applied and Preventive Psychology

1991 William James Fellow Award, American Psychological Society (for contributions to basic science)

1988 G. Stanley Hall Lecturer (honoring one undergraduate teacher of abnormal psychology in the U.S.), American Psychological Association

1986 Distinguished Scientific Contribution Award, American Psychological Association, Division 12 (Clinical), Section 3 (Experimental)

1978-79 Fellow, Center for Advanced Study in Behavioral Sciences, Stanford, CA

1976	Distinguished Scientific Contribution Award (for early career contribution in animal learning), American Psychological Association
1974-75	Guggenheim Fellow
1964-67	National Science Foundation Graduate Fellowship, University of Pennsylvania
1964-65	Woodrow Wilson Fellowship
1964	Philosophy of Mind Prize, Princeton University

BOOKS

A. Seligman, M. E. P., & Hager, J. (Eds.). (1972). *Biological boundaries of learning*. New York: Appleton-Century-Crofts.

B. Seligman, M.E.P. (1975). *Helplessness: On depression, development, and death*. San Francisco: W. H. Freeman.

Editions:

1. *Helplessness*. (1976). Tokyo: Tuttle-Mori Agency, Inc. (Japanese).

2. *Hjalphloshet*. (1976). Stockholm: Albert Bonniers (Swedish).

3. *Hiflosigkeit*. (1976). Munich: Urban and Schwarzenburg (German). Two editions.

4. *Desamparo*. (1977). Sao Paulo: Hucitec-Edsup (Portuguese).

5. *Helplessness*. (1977). Seoul (Korean).

6. *Helplessness*. (1978). Rome: Bulzoni Editore (Italian).

7. *Hulpeloosheid*. (1979) Netherlands: Nelissen and Bloemendaal (Dutch).

8. *Helplessness*. (1981). Tokyo: Seishin Shobo Ltd. (Japanese).

9. *Indefension*. (1981). Madrid: Editorial Debate (Spanish).

10. Helplessness. (2019). Beijing: China Renmin University Press (Chinese Simplified).

C. Maser, J., & Seligman, M.E.P. (Eds.). (1977). *Psychopathology: Experimental models.* San Francisco: W. H. Freeman.

Edition:

1. *Modelos Experimentales en Psicopatologia*. (1983) Madrid: lhambra Universidad (Spanish).

D. Garber, J., & Seligman, M.E.P. (Eds.). (1980). *Human helplessness: theory and applications*. New York: Academic Press.

E. Rosenhan, D.L., & Seligman, M.E.P. (1984). *Abnormal psychology*. New York: W. W. Norton.

F. Rosenhan, D.L., & Seligman, M.E.P. (1989). *Abnormal psychology*. (2d ed.). New York: W. W. Norton.

Edition:

1. *Psychopatologia*. (1994). Warsaw: Polskie Towarzystwo Psychologiczne, (Polish).

G. Seligman, M.E.P. (1990). *Learned optimism*. New York: Knopf.

Editions:

1. (1990). *El Optimismo Se Adquiere*. Buenos Aires: Editorial Atlantida, (Spanish, Argentina).

2. (1991). *Pessimismus Kusst Man Nicht*. Munich: Droemer, (German).

3. (1991). Tokyo: *Kodansha*, (Japanese). Paperback: *Kodansha* (1995).

4. (1991). *Optimisme Kun Je Leren*. Utrecht: Het Spectrum (Dutch).

5. (1992). *Aprenda a Ser Otimista*. Rio de Janiero: Distribuidora Record de Servicos de Imprensa, S.A., (Portuguese, Brazil).

6. (1992). Australian Edition. Sydney: Random-Century.

7. (1992). *Optimistin Kasikrja*. Finland: Otava (Finnish).

8. (1993). Warsaw: Media Rodzina, (Polish).

9. (1994). *Apprendre L'Optimisme*. Paris: InterEditions (French).

10. (1995). Montreal: Editions Sogides (French).

11. (1996). *Imparare L'Ottimismo*. Florence: Giunti Gruppo Editoriale (Italian).

12. (1996). Taipei, Taiwan: Yuan-Liou Press (Chinese, complex).

13. (1996). Seoul, Korea: Origin (Korean).

14. (1997). Moscow, Russia: Perseus Publishers (Russian)

15. (1998). Barcelona, Spain: Ediciones Grijalbo (Spanish).

16. (1998). Taipei, Taiwan: Xinhua (Chinese, simple).

17. (2000). Warsaw: Media Rodzina (Polish).

18. (2001). Seoul, Korea: Origin (Korean).

19. (2001). Bulgaria: Kibea (Bulgarian).

20. (2002). Oslo, Norway: Forlaget WEM (Norwegian).

21. (2002). Riyadh, Saudi Arabia: Jarir (Arabic).

22. (2003). Bucharest, Romania: Humanitas (Romanian).

23. (2005). Croatia: I.E.P. (Croatian).

24. (2005). Turkey: Hekimler Yayin Birligi (Turkish).

25. (2007). Budapest: Laurus (Hungarian).

26. (2007). Thailand: WeLearn (Thai).

27. (2007). Taiwan: Yuan-Liou Publishing Co., Ltd. (Chinese, complex).

28. (2007). Korea: Book 21 (Korean).

29. (2007). Beijing: China Renmin University Press (Chinese, simplified).

30. (2008). Paris: Dunod Editeurz (French).
31. (2008). Indonesia: Salamadani (Indonesian).
32. (2008). Ljubljana: Mladinska Knijiga Zalozba (Slovene).
33. (2008). Hungary: Lexecon (Hungarian).
34. (2010). Warsaw: Harbor Point Sp. z o.o. (Polish)
35. (2011). Milano, Italy: Sperling & Kupfer Editori (Italian).
36. (2012). Tianjin Eco-City, P.R. China: Cheers Publishing (Chinese).
37. (2012). Barcelona, Spain: Random House Mandadori S.A. (Spanish).
38. (2012). Moscow: Alpina Non-Fiction (Russian).
39. (2012). Tokyo: Pan Rolling Inc. (Japanese).
40. (2012). Prague: Pavel Dobrovsky – Beta s.r.o. (Czech).
41. (2015). Riyadh, Saudi Arabia Jarir Bookstore (Arabic).
42. (2015). Italy: Giunti Publishing Group (Italian).
43. (2015). Warsaw: Medina Rodzina (Polish).
44. (2015). Taiwan: Yuan-Liou Publishing Co. (Chinese, complex).
45. (2015). Turkey: Bigbang Yayinlari (Turkish).
46. (2017). Brazil: Editora Objetiva (Portuguese).
47. (2018). UK: Nicholas Brealey.
48. (2022). Estonia: Rahva Raamat (Estonian).
49. (2022). France: Editions J'ai Lu (France).
50. (2022). Lithuania: Leidykla Sofoklis (Lithuanian).

51. (2023). Vietnam: Times Science and Education Publishing (Vietnamese).

Other Editions:

Book of the Month Club (1991).

Rodale Press Book Club (1991).

Psychotherapy and Social Science Book Club (1991).

Quality Paperback Book Club (1991).

Paperback Edition: Pocket Books (Simon & Schuster) (1991).

Audio Edition: Simon & Schuster (1991).

H. Seligman, M.E.P. (1991). *Helplessness: On depression, development, and death*. (2d ed.). New York: W. H. Freeman.

I. Peterson, C., Maier, S., & Seligman, M.E.P. (1993). *Learned helplessness: A theory for the age of personal control*. New York: Oxford.

Edition:

1. (2000). Osaka: Nihei-sha, (Japanese).
2. (2024). Seoul: Mulpure Publishing Co. (Korean).

J. Buchanan, G., & Seligman, M.E.P. (Eds.). (1995). *Explanatory style*. Hillsdale, N.J.: Erlbaum.

K. Seligman, M.E.P. (1994). *What you can change and what you can't*. New York: Knopf.

Editions

1. Australian Edition. (1994). Sydney: Random-Century

2. (1994). Warsaw: Media Rodzina (Polish).

3. (1994). *Psychologie heute* (German).

4. (1995). *No puedo ser mas alto pero puedo ser mejor*. Barcelona: Grijalbo Mondadori S.A. (Spanish).

5. (1995). *O que voce pode e o que nao pode modar*. Rio de Janeiro: Editora Objetiva (Portuguese).

6. (1995). *Changer oui c'est possible*. Paris: Editions Sogides (French).

7. (1997). Moscow: Persei (Russian).

8. (1999). Taiwan: Yuan-Liou Publishing Co. (Chinese).

9. (2003). Taiwan: Yuan-Liou Publishing Co. (Chinese, complex).

10. (2004). Warsaw: Media Rodzina (Polish).

11. (2005). Riyadh, Saudi Arabia: Jarir (Arabic).

12. (2005). Turkey: Hekimler Yayin Birligi (Turkish).

13. (2007). Beijing: China Renmin University Press (Chinese, simplified).

14. (2007). Portugal: Pergaminho (Portuguese).

15. (2008). Seoul: Mulpure Publishing Co. (Korean).

16. (2008). SC Humanitis SA. (Romanian).

17. (2008). Mladinska Kngiga Zalozba (Slovene).

18. (2010). Warsaw: Harbor Point, Sp. z o.o. (Polish).

19. (2011). Beijing: Cheers Publishing (Chinese, simplified).

20. (2011). Budapest: Akademiai Kiado, Hungary (Hungarian).

21. (2012). Quebec: Messageries ADP (French).

22. (2012). Paris: Interforum editis (French).

23. (2012). Fribourg: Interforum editis Suisse (French).

24. (2012). Belgium: Interforum Benelux S.A. (French).

25. (2012). Luxembourg: InterForum Benelux S.A. (French).

26. (2014). France: J'ai Lu (French).

27. (2014). Beijing: Cheers Publishing (Chinese, simplified).

28. (2014). Taiwan: Yuan-Liou (Chinese, complex).

29. (2015). Warsaw: Medina Rodzina (Polish).

Other Editions:

Book of the Month Club (1994)

Audio Edition: Simon and Schuster (1994)

Paperback edition, Ballantine (1995)

L. Rosenhan, D.L., & Seligman, M.E.P. (1995). *Abnormal psychology*. (3d ed.). New York: W. W. Norton.

M. Seligman, M.E.P., Reivich, K., Jaycox, L., & Gillham, J. (1995). *The optimistic child*. New York: Houghton Mifflin.

Editions:

1. Australian edition. (1995). Sydney: Random House.

2. (1997). Hamburg: Rowohlt (German).

3. (1997). Warsaw: Media Rodzina (Polish).

4. (1998). *Det optimistiska barnet*. Jonkoping: Brain Books (Swedish).

5. (1998). Am oved (Hebrew).

6. (1998). Taipai, Taiwan: Yuan-Liou Press (Chinese, complex).

7. (1999). Ninos Optimistas. Barcelona: Grijalbo, (Spanish).

8. (2004). Origin (Korean).

9. (2004). Random House Mondadori (Spanish).

10. (2004). Shanghai Literature & Arts (Chinese, simple).

11. (2004). Taiwan: Yuan-Liou Publishing Co. (Chinese, complex).
12. (2004). Diamond (Japanese).
13. (2005). Jarir Bookstore (Arabic).
14. (2005). Sperling & Kupfer (Italian).
15. (2005). Croatia: I.E.P. (Croatian).
16. (2007). Beijing: China Renmin University (Chinese, simplified).
17. (2008). Taiwan: Yuan-Liou Publishing Co., Ltd. (Chinese, complex).
18. (2008). Budapest: Profil Training Kft. (Hungarian).
19. (2009). Warsaw: Graal Ltd. (Polish).
20. (2010). Ljubljana: Modrijan (Slovene).
21. (2011). Seoul: Mulpure (Korean).
22. (2012). Quebec, Canada: Sogides Ltee (French).
23. (2013). Tianjin, P.R. China: Cheers Publishing Company (Chinese, simplified)
24. (2014). Taiwan: Yuan-Liou Publishing Company (Chinese, complex)
25. (2014). Moscow: Mann, Ivanov and Ferber (Russian).
26. (2014). Paris: Marabout (France).
27. (2018). Romania: Humanitas (Romanian).
28. (2018). UK: Nicholas Brealey.
29. (2021). Brazil: Objetiva Brazil (Portuguese).
30. (2022). Estonia: Rahva Raamat (Estonian).
31. (2024). Russia: Alpina (Russian).

Other Editions:

Book of the Month Club, 1995

Paperback edition, Harper Collins, 1996

Audio Edition: Harper Collins, 1996

N. Seligman, M.E.P. (1998). *Learned optimism*. (2d ed.). New York: Pocket Books (Simon and Schuster).

O. Seligman, M.E.P., & Rosenhan, D.L. (1998). *Abnormality*. New York: W.W. Norton.

P. Gillham, J.E. (Ed). (2000). *The science of optimism and hope: research essays in honor of Martin E. P. Seligman*. Radnor, PA: Templeton Foundation Press.

Q. Seligman, M.E.P., Walker, E., & Rosenhan, D.L. (2001). *Abnormal psychology*. (4th ed.) New York: W.W. Norton.

R. Chirot, D., & Seligman, M.E.P. (Eds.) (2001). *Ethnopolitical warfare: Causes, consequences, and possible solutions.* Washington, D.C.: APA Press.

S. Seligman, M.E.P. (2002). *Authentic Happiness: Using the new positive psychology to realize your potential for lasting fulfillment*. New York: Free Press.

Editions:

1. (2002). NSW, Australia: Random House Australia.
2. (2002). Utrecht, The Netherlands: Uitgeverij Het Spectrum BV (Dutch).
3. (2003). Munich, Germany: Ehrenwirth/Luebbe (German).
4. (2003). Israel: Modan Publishers (Hebrew).
5. (2003). Taiwan: Yuan-Liou (Chinese, Complex).
6. (2003). Rio de Janiero, Brazil: Editora Objetiva (Portuguese).
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